

When it comes to parenting, there's only one...

PARENT GUIDE

Westchester's One & Only

FEBRUARY 2009

32

FEBRUARY 2009 • PARENTGUIDE

WHAT'S HAPPENING FEB. '09



Citibabes Registration is Open! Citibabes, 7 Popham Road, Scarsdale, (800)697-0107, www.citibabes.com. Next month, the NYC family club hot spot Citibabes is opening its doors to Westchester residents. Don't wait for that though! Registration is going on now for the membership to this exclusive club and resource center. The facility features 9,000 square feet, unique classes for children ages 2 months to 10 years, camps, pre-school alternatives, party facilities and more.

Push-Up and Create! Beginning February 2, kids between the ages of 6 and 12 can submit their "pop" art masterpieces to Nestle's Push-Up and Create contest to celebrate the tasty treat's 50th birthday! After three winners are selected, there are many prizes to be handed out, and Nestle Push-Up tubes will showcase the artwork. So get drawing online at www.pushupandcreate.com, or mail in your child's artwork to Push-Up and Create, P.O. Box 713, New York, NY 10013-0713.

Let it Snow, Stamford Museum and Nature Center, 39 Scofieldtown Road, Stamford, CT, (203)977-6538, www.stamfordmuseum.org. Weekends during January and February are now completely dedicated to snow fun! The entire family is invited to go sledding, have a snowball fight or relax and enjoy some hot cocoa. Saturdays and Sundays, 9am-5pm.

Vinyasa Yoga Training, Yoga Journey, 196 Maple Ave., 2nd Floor, White Plains, (914)227-9375, www.yogajourney.com. Yoga has life-changing potential and the skills necessary to change someone's life. During this program, beginning students will benefit from Journey's professional and helpful instruction. Graduates receive certification in Vinyasa Yoga. Program ends 6/27. Call for class times and dates.

Tales & Treats: Jewish Bedtime Stories, Rosenthal JCC, 600 Bear Ridge Road, Pleasantville, (914)741-0333, www.rosenthaljcc.org. Bring the pajama-clad little ones in for a pizza dinner, free play in the gym and the enjoyment of a few of the best Jewish tall tales. 2/25, 5:30-7pm.

How Much is Too Much?, Rosenthal JCC, 600 Bear Ridge Road, Pleasantville, (914)741-0333, www.rosenthaljcc.org. Join this parent speaker to learn how to keep your children, and yourself, focused on truly important life issues. Explore the Jewish perspective on wealth, responsibility and navigating peer pressure. 2/25, 6-8pm.

Libraries

Jeopardy!, White Plains Public Library, 100 Martine Ave., White Plains, (914)422-1480. The popular television game-show is making its way to White Plains! This fun-filled February-themed quiz is

Libraries

loads of fun for ages 7 and up. 2/7, 3pm.

Book Discussion, Brewster Public Library, 75 Main Street, Brewster, (845) 279-6421, www.brewsterlibrary.org. With a new president, and American politics on everyone's mind, join the discussion on Jeffrey Toobin's *The Nine* (Doubleday). The politically charged novel about the Supreme Court. 2/18, 1pm.

Animation Adventure, Chappaqua Library, 195 S. Greeley Ave., Chappaqua, (914)238-4779. Mix together some popcorn and a screening of an animated film, add a dash of movie discussion afterwards, and what do you get? One fun evening! Registration required. Call for film title. 2/27 at 4:15pm.

Reel Books, Chappaqua Library, 195 S. Greeley Ave., Chappaqua, (914)238-4779. Major issues have been discussed either through the medium of print and film. Enjoy a topic exploration with a read-aloud, a short film and discussion—all over yummy snacks! 2/4, 4:15pm.