



**Krisanne Alcantara** Thu, 08/19/2010 - 11:00 [Follow](#)

## Get fit with Citibabes during CitiFit month



Mommies and daddies, have you been searching high and low for a solution that allows you to enjoy precious 'me' time while knowing your kiddies are given the highest quality care and attention – all in one, convenient space? Well then look no further than your local Citibabes on 52 Mercer.

**Citibabes** is a resource for busy New York parents and their little city babes that offers high-quality services, activities and amenities for both kids and adults. Moms and dads, you can take that fitness class you've been trying to squeeze into your schedule at their in-house gym while your kids get first-rate care from experts. Citibabes offers exclusive services for its members such as afterschool classes (like Homework Helpers, Photography for kids5+ and even language workshops) and preschool readiness programs for tots with **CitiSchool** - while you can enjoy everything from parenting seminars to cocktail parties (yes, you read correctly. We all know you deserve that cocktail!) The 10,000 square-foot facility even offers full-family fun with Family Yoga and a gourmet café where the whole gang can chow down on some healthy grub.

With September being 'National Childhood Obesity Awareness Month,' Citibabes will also be hosting fun and free weekly CitiFit workshops, every Wednesday afternoon from 5-6 pm. They're also kicking off a contest called 'Baby Steps' in which families are given a pedometer to track how many steps they collectively take over the course of a month (the family that's logged the most steps wins a cool prize). So what are you waiting for? Lace up those sneaks, and get fit together as a family this September!

*For membership information, visit [Citibabes SoHo](#), or check it out for yourself at 52 Mercer, between Grand and Broome.*

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About Krisanne Alcantara:

Krisanne Alcantara has a journalism background spanning television, print and online media. Krisanne has worked as a TV news correspondent for cable television station ABS-CBN Global, a journalist and editor for Reed Business Information and a writer for the Manhattan-based social media site Fitango. She was the 2008 recipient of the Myer

